

Whole Wheat Honey and Oat Sourdough Bread

10 servings • Category: Baking • By: robin • Generated by Nutrifax

Ingredients

- 87 1/2 g Grains (wheat flour, white, bread flour)
- 262 1/2 g Grains (wheat flour, whole-wheat)
- 70 g Sourdough culture (50% hydration (stiff))
- 280 g Beverages (water, tap, drinking)
- 20 g Sweets (honey, strained or extracted)
- 40 g Oats (whole grain, rolled, old fashioned)
- 8 g Pink Himalayan sea salt

Instructions

No instructions provided.