

Greek Salad

4 servings • Category: Salad • Generated by Nutrifax

Ingredients

- 2 × 250 ml slices Cucumber (raw)
- 1 1/2 cup cherry tomatoes Tomatoes (red, ripe, raw, year round average)
- 70 g Onions (red, raw)
- 1/2 cup, sliced Peppers (sweet, green, raw)
- 100 g Cheese (feta)
- 60 g Olives (ripe, canned (small-extra large))
- 3 tbsp Vegetable oil (olive)
- 2 tbsp Lemon juice (raw)
- 1 tsp, leaves Spices (oregano, dried)
- 1/2 tsp Salt (table)
- 1/4 × 5 ml whole Spices (pepper, black)

Instructions

1. Cut the cucumber in half lengthwise, then slice into half-moons. Quarter the tomatoes. Thinly slice the red onion. Dice the green pepper.
2. Combine the cucumber, tomatoes, red onion, green pepper, and olives in a large bowl.
3. Crumble the feta cheese over the top.
4. In a small bowl, whisk together the olive oil, lemon juice, oregano, salt, and pepper.
5. Pour the dressing over the salad and toss gently. Serve immediately.